

# How to Survive the Man Hunt

By Teresa Simmons



## ***Looking for the one?***

*Finding a man, and not just any man, in this day and age may appear to be harder than climbing Mount Everest, learning how to speak Japanese fluently, mastering the technique of looking like you don't have make-up on when you do, and teaching yourself how to play the didgeridoo all in a single day. But there are ways to accomplish the seemingly impossible...*

### **1. Know who you want.**

Would anyone look for the home of their dreams without knowing how many bedrooms and bathrooms they want, or whether they would prefer a garden or greenhouse or both? Or if they would prefer to live in the city or the country? You know the answer, so the same story goes for finding your dream man. Think about the deal breakers. Do you want a man who wants kids? Is financial stability important to you? Make a detailed list and please remember it.

### **2. Commit to finding him.**

Thinking that you don't have enough time or that you have too many commitments are simply excuses. Designate at least one or two nights a week for going out on dates and socializing with the right type of men.

### **3. Practice the Law of Attraction.**

Ever heard of the book called 'The Secret' by Rhonda Byrne? If not, start reading it today. It's all about attracting what you want in your life or whatever you are strongly thinking about—this idea applies to everything from money to health. Visualize waking up with your dream man and feel the feeling of how he makes you feel. Satisfied? Loved? Needed?

### **4. Take the trash out.**

For those of us who have been hurt in the past by men, we may be carrying some baggage. They say that women tend to repeat patterns of dating the same men. Did they have the tendency to cheat? Refused to commit? Evaluate your past relationships and try to establish some commonalities. Ask yourself why you think you attracted these men and begin to raise some answers. Once you have them, your destructive pattern can be broken.



## 5. Decide how to hunt.

There are many ways to find suitable men, but you should decide what works for you and what you're most comfortable with.

### Here are a few ideas to kick off the man hunt:

- Online dating websites
- Speed dating
- Singles events
- Your workplace
- Community activities/sports/health clubs
- Wine bars/restaurant lounges

## 6. Look the part.

If you're not already a fashion diva, it's time to glam it up! First impressions are extremely important, especially when going on the First Date. Get a stylish hair cut that suits you and go looking for the perfect outfit that says, "I'm confident and sexy" in an understated way. And always remember that less is more.

## 7. Date more than one man at a time.

The old and faithful expression, 'Don't put all your eggs in one basket' holds true. It's time to live up to the belief that women are masters at multi-tasking, so try it! Dating more than one guy at a time means that you are not focusing on just one man. If one is not up to par, you still have one or two others to date. Plus, your schedule will be so jam-packed you won't be waiting by the phone; instead, you'll be having a fabulous time!

## 8. Flirt at every opportunity.

## 9. Stay sober on the first date.

## 10. Believe in...

